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THERAPY INFORMATION SHEET

This is a brief outline of my procedures in order to clarify responsibilities during therapy.

Confidentiality

All therapy sessions are treated with strict confidentiality. A signed authorization from you is required before information about your care can be disclosed to anyone. There are 3 exceptions to confidentiality: if you pose a threat to your own life, if you pose a threat to another person's life, if a child or elderly/disabled person has been or may be abused or neglected.

Appointments and Fees

Therapy sessions are 50 minutes in length. The fee for one session is 55 Euros (plus a hospital clinic fee). Payments are to be made after each session at St James reception, unless otherwise agreed upon.

Cancellations and Payment for Missed Appointments

24 hour notice of cancellations except in an extreme emergency is required. If you don't give a 24 hour notice of cancellation, you will be charged a full session fee (to be paid either at a next appointment, or via Paypal).

Outside of Sessions

It may happen that you and the therapist run into each other outside of session setting. My default reaction is always to do nothing and to treat you like any other person on the street. Not acknowledging you in public is about protecting your confidentiality as well as respecting therapeutic relationship boundaries.

Emergencies

My services do not include emergency treatment. In some cases, I may make special emergency arrangements with individual clients. If you have a crisis and are unable to reach me, please contact your local emergency to seek immediate treatment.